

# **Dry Skin Package**

Dry skin can develop for a range of different reasons and if left untreated can develop into eczema. These reasons might include the use of harsh cleaning products (Soaps, gels, shampoo's, cleansers for example), regular hot showers and baths, low humidity, high environmental temperatures (at home or work or outdoors for example), medical conditions and vitamin deficiencies.

Here at Nativis, we have developed a range of skincare products to help manage dry skin. Our products can be used on any region of the body (including around the eyes and on eyelids). The products are 100% natural in composition, and all contain a natural active ingredient derived from sericin which we have called Silk Hydra-Fix©. This active ingredient deeply hydrates and moisturises the skin simultaneously. It is long lasting and will quickly restore skin hydration and strengthen its natural barrier function. We recommend trying the following to bring dry skin under control.

#### **Products Package for Dry Skin**

#### Silk Hydra-Fix Soap (75g) Directions for Use - Wash First



- 1. Wet the affected area with warm (not hot) water.
- 2. Build up a lather with the hands apply to affected area through gentle massaging with fingers.
- 3. Rinse with warm (not hot) water.
- 4. Dab dry with a clean natural fibre (Cotton for example) towel.

# Silk Hydra-Fix **Moisturising Gel (200g)**

## Directions for Use - Hydrate the skin



- 1. Apply a small quantity of the Gel to fingertips and gently massage into the affected areas until the Gel has
- absorbed.
- 2. For very dry skin repeat the Gel application a second time. Apply the Gel in the daytime if the skin feels dry/tight.

# Silk Hydra-Fix **Moisturising Cream (50g)**

#### **Directions for Use - Moisturise and Protect**



- 1. After cleansing affected area, apply cream with clean fingers by massaging in gently.
- 2. Only small quantities are required. For guidance, a pea-sized amount will cover the palm and fingers of both hands.
- 3. Apply morning and night and additionally in the daytime/night time should itching or inflammation recur.

### Package Price £42.30 - SAVING 10%

Repeat above procedure until skin has fully recovered. Improvements should be seen within a few days with the dryness clearing with regular use. Expect 2-3 weeks for full restoration. Thereafter apply the gel and cream daily to the affected area(s) in order to maintain a natural, healthy skin barrier function which will help to prevent dryness from developing in the future. For more useful information on how to prevent the skin from drying out, please read our Eczema Blog.